



nourish



February 2026

Providing immediate relief while investing in long-term solutions to combat hunger and improve the quality of life for our neighbors.



A New Chapter Begins...

Last week, escrow officially closed on the church property next door, marking an important milestone for the future of the Bullhead Regional Food Bank. Standing outside and seeing the new banner — Future Home of the Bullhead Regional Food Bank, Client Registration, and Administrative Office — is a powerful reminder of what's possible when a community comes together around care and compassion.

The purchase of this building was made possible through BHHS Legacy Foundation, whose commitment to strengthening community infrastructure made this milestone achievable. With escrow now closed, the real work begins. While the building gives us the space we need, completing the interior renovations will require continued fundraising and community support.

Each improvement inside these walls will directly impact how we serve our neighbors — creating a safe, welcoming, and efficient environment for clients, staff, and volunteers alike.

This space represents more than a building. It represents dignity for the families we serve, a welcoming and climate-controlled place for client registration, and a centralized administrative home that will allow us to operate more efficiently and thoughtfully. For years, clients have waited outdoors in the heat, cold, and wind simply to receive food assistance. This next chapter allows us to do better — and to serve with the respect every individual deserves.

We are deeply grateful to the BHHS Legacy Foundation for making this vision a reality. This moment is about progress, promise, and a shared commitment to ensuring that no one in our community goes without. The banner says "future," but the impact begins now.

volunteer of the month

Kimmy Paulson

Kimmy Paulson is one of those volunteers who quietly makes a big difference at the food bank. She shows up with a positive attitude, a willingness to help wherever she's needed, and a genuine heart for serving others. Whether she's assisting with food distribution, organizing supplies, or simply offering a kind word to clients and fellow volunteers, Kimmy embodies the spirit of compassion and service that keeps our mission moving forward. We are truly grateful for her time, dedication, and the care she brings to our community!



NEW DATA

This is a new data point that will be included each month in Nourish!

Volunteerism is the heart of the Bullhead Regional Food Bank. In January alone, our community gave 1,589 volunteer hours, helping us serve neighbors with dignity and care.

From sorting food to welcoming clients, every hour makes a difference—and we are so grateful for the time and heart our volunteers share. Interested in joining us?

Visit us at 590 Hancock Road, Bullhead City, or call (928) 758-7717 to learn more about volunteering. We Need YOU!



JAN
statistics

4,746 HOUSEHOLDS SERVED

10,109 INDIVIDUALS FED

256,284 POUNDS OF FOOD

1,589 VOLUNTEER HOURS



This month, we are honored to spotlight Shelly Spencer, Senior Branch Manager and Assistant Vice President of First Convenience Bank, located inside the Bullhead City Walmart store.

When the Bullhead City branch opened in 2013, Shelly was there from the very beginning. As the original employee, she started as a personal banker and, through dedication and leadership, worked her way into her current role. Over the years, she has built something even more meaningful than a career — strong, lasting relationships.

Shelly genuinely loves the connections she has formed with her customers, and even with those who aren't customers. Whether it's Walmart employees, regular shoppers, or community members passing by, relationships are at the heart of everything she does. It was through her clients and her staff that she first learned about the Bullhead Regional Food Bank and the critical role it plays in our community.

Her connection to the food bank's mission is deeply personal. Raised by a single mother, Shelly remembers a time when her own mom stood in food bank lines. That experience gave her a lifelong understanding of the real need for food assistance in our community — and the courage it takes to ask for help.

Shelly understands that visiting a food bank requires strength, not weakness. She values that the Bullhead Regional Food Bank serves individuals and families with love, respect, and dignity. As a business, First Convenience Bank believes strongly in giving back to the communities it serves, and supporting the food bank is one way they put that belief into action. In her day-to-day work, Shelly helps clients who have no credit or poor credit rebuild their financial standing so they can become successful. Watching those clients grow, stabilize, and move forward is one of the most rewarding parts of her job. She often reminds them that when they are able, giving back matters — because many of us have been there before.

We are deeply grateful to Shelly and the First Convenience Bank team for their continued support of the Bullhead Regional Food Bank and for being such a compassionate, community-focused partner.

First Convenience Bank, Bullhead City (located inside Walmart)

2840 Hwy 95, Bullhead, Arizona 86442

800-903-7490

Branch/Coin Machine/ATM



Shelly Spencer, Assistant Vice President

Dustin Smith, District Manager

Stephen Brown, Executive Director

Alfred Hernandez, Regional Manager



Business Booster highlights a business that is supporting the Bullhead Regional Food Bank. This business cares about our community and we encourage our community members to actively support this business.



Mr. Kory Burgess, Assistant Principal of Fox Creek Junior High, delivered an incredible 170 pounds of food collected through a student-led food drive.

We are so grateful to the students and staff at Fox Creek Junior High for their generosity, compassion, and willingness to step up to help neighbors in need. Their kindness is a wonderful example of how young people can make a meaningful difference in our community.

Go Falcons!



JARS OF *love*

This February, the Bullhead Regional Food Bank is proud to partner with Western Arizona Regional Medical Center for Jars of Love, a peanut butter drive focused on collecting one of our most-needed staple items. Peanut butter is nutritious, shelf-stable, and especially helpful for families with children — making it a vital resource during a time of year when donations often slow.

Health and hunger are deeply connected, and through this partnership, we are working together to support the overall well-being of our community. Each jar donated represents care, compassion, and a shared commitment to helping neighbors in need.

How to Participate:

Community members are encouraged to donate jars of peanut butter by dropping them off at the Bullhead Regional Food Bank, located at 590 Hancock Road, Bullhead City. Every jar helps keep our shelves stocked and ensures families have access to nutritious food during the winter months.

February may be the shortest month of the year, but for many families in our community, it can feel like one of the longest. After the holidays have passed and the new year has settled in, resources often become stretched. Utility bills are higher during the winter months, grocery budgets are tighter, and donations tend to slow as households recover from end-of-year expenses.

At the same time, the need for food assistance does not slow down. Families still need to eat. Seniors on fixed incomes still face difficult choices. Parents continue to do their best to provide for their children, often with fewer options and less margin.

Stretch

This is where the food bank becomes especially important. February reminds us that hunger does not take a season off — and neither does compassion. Because of our volunteers, donors, and community partners, we can continue showing up, offering not just food, but dignity, kindness, and hope to those who walk through our doors. As we move through this winter season, we remain deeply grateful for the support that makes our work possible. Every contribution, every hour volunteered, and every act of generosity matters — especially in February.

win

**A Large Screen Television
AND Support the
Bullhead Regional
Foodbank**



**40 inch
Vizio Flat
Screen TV**

We're hosting a simple and fun fundraiser for February!

For \$5, you can claim your favorite number between 1-25. Once all 25 spots are filled, one number will be randomly selected, and the lucky participant will take home a 40" Vizio TV!

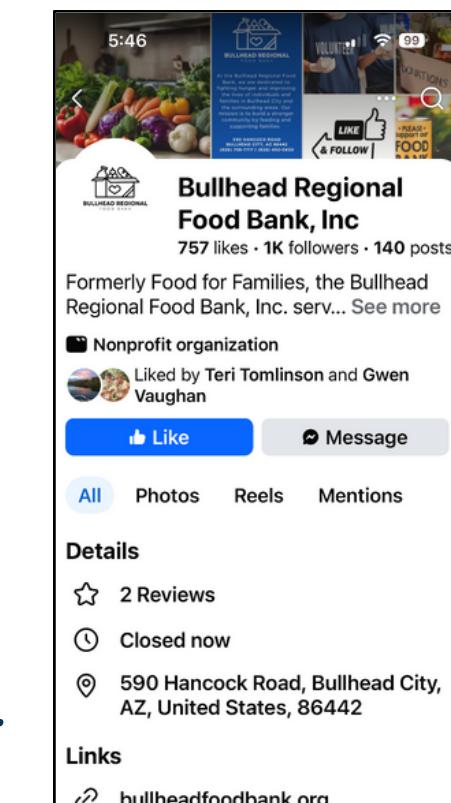
Numbers are first come, first served and only one person per number. Your number is not secured until payment is received.

Like or follow our Facebook page to stay up to date on future FUN-giveaways and community opportunities.

To participate:

- 1. Visit our Facebook page and comment on the post with the number you'd like (1-25).*
- 2. Submit your \$5 payment using the link below to secure your spot (link available on Facebook):*

<https://buy.stripe.com/bJebJ31q78Q93bv3Fd6c000>



Bullhead Regional Food Bank

sponsors



Please Contact Us!



www.bullheadfoodbank.org



(928) 758-7717 | (928) 450-0630



BULLHEADREGIONALFOODBANK@GMAIL.COM



590 Hancock Road
Bullhead City, AZ 86442



Mon/Wed/Fri. 9:00 a.m. - 2:00 p.m.
Closed 12:00 - 12:30 p.m.
Thurs. 2:00 p.m. - 8:00 p.m.
Closed 5:30 - 6:00 p.m.