



# nourish

March 2026

Providing immediate relief while investing in long-term solutions to combat hunger and improve the quality of life for our neighbors.

## Progress You Might Not See *YET!*



Our new building journey continues, even if the changes aren't dramatic—yet. Since purchasing the former church building, BHHS Legacy Foundation has been working closely with us to finalize architectural drawings that will guide the renovation of the future Client Registration and Administrative Office. These plans are essential to making sure the space functions well for the thousands of families we serve each year.

On the outside, the property is beginning to see some early attention. Landscaping is being cleared, and the grounds are being prepared so the building can be painted and refreshed—small but meaningful steps toward bringing new life to the space.

This phase may feel quiet, but it is critical. Thoughtful planning now helps ensure long-term success later. We are grateful for the continued support and patience of our community as we move forward, one step at a time.





Our Town Magazine and these special businesses listed below helped raise \$1350 for the Bullhead Regional Food Bank during the February issue. Giving back to your community is so important and we want to say a, "Special Thank You!" to all the businesses who helped with this fundraiser!



**HAPPY BIRTHDAY**



Thanks to Carol and the sisters of Xi Gamma Epsilon Chapter of Beta Sigma Phi International and their generous donation of everything it takes to have a birthday cake, including the pan.

Thank you for giving so many in our community a much-needed birthday celebration on their special day.

# Where your Donations Go



When you support Bullhead Regional Food Bank, your generosity reaches far beyond a single bag of groceries.

Donations help keep our doors open, our trucks on the road, and our warehouse running safely and efficiently. While food is at the heart of what we do, there is a great deal that happens behind the scenes to ensure families receive nutritious food with dignity and care. Your support helps cover essential operating costs such as refrigeration to keep food fresh in our extreme desert heat, fuel and maintenance for delivery trucks, warehouse supplies, and basic administrative needs that allow us to stay organized and responsive to the growing demand in our community.

Donations also help support the infrastructure needed to distribute millions of pounds of food each year—coordinating volunteers, maintaining safety standards, and ensuring food is handled and stored properly. These are the unglamorous but critical pieces that make food distribution possible.

Every dollar is stretched carefully and thoughtfully. We understand the trust our community places in us, and we take that responsibility seriously. Your generosity ensures that families facing food insecurity are met with compassion, consistency, and reliable access to healthy food.

Because of you, we are able to do more than hand out food—we are able to serve our community well.

# AND A WORD

I want to take a moment to say thank you to our volunteers, donors, and community partners. Because of you, Bullhead Regional Food Bank is able to serve families day in and day out, often during some of the hardest moments in their lives.

Much of what we do happens behind the scenes—early mornings, long days in the warehouse, coordinating food pickups, and making sure everything runs safely and smoothly. It may not always be visible, but it is work that matters deeply.

As we look ahead, we remain focused on doing things the right way—being thoughtful, responsible, and intentional as we continue to grow. I am incredibly grateful to be part of a community that shows up for one another, and I don't take that support lightly.

Thank you for standing with us.



Stephen Brown, Executive Director  
Bullhead Regional Food Bank



**31 Days OF GIVEAWAYS** \$25

**WIN PRIZES EVERY DAY IN MARCH!**

PROCEEDS BENEFIT THE BULLHEAD REGIONAL FOOD BANK AND HELP PROVIDE FOOD ASSISTANCE TO THOUSANDS OF FAMILIES ACROSS THE TRI-STATE.

**HOW IT WORKS:**

- TICKETS ARE \$25 EACH
- BUY MORE TO INCREASE YOUR CHANCES
- WINNERS DRAWN DAILY IN MARCH
- DRAWINGS HELD LIVE ON FACEBOOK (BULLHEAD REGIONAL FOOD BANK)
- TICKETS STAY ELIGIBLE ALL MONTH - EVEN IF YOU WIN!

**PRIZES INCLUDE:**

- 40" VIZIO TV
- 2 DISNEYLAND TICKETS + \$100 VISA GIFT CARD
- RESTAURANT GIFT CARDS (\$25+ VALUE)
- ROSS GIFT CARD (\$100 VALUE)
- GIFT BASKETS
- ...AND MORE ALL MONTH LONG!

**Tickets available in person:**  
590 Hancock Rd BHC  
**Purchase online:**  
[bullheadfoodbank.org](http://bullheadfoodbank.org)



Official Rules & Disclaimer:  
Must be 18 years of age or older to participate. Tickets are limited and available for purchase through March 31, 2026. Winners will be selected by random drawing each day in March 2026 and notified directly by the Bullhead Regional Food Bank. Prizes are non-transferable and may not be substituted or redeemed for cash. The Bullhead Regional Food Bank reserves the right to modify or cancel the promotion.



A big thank you to Mr. Scott Martel and his amazing wife, Mrs. Lachiel Martel, from the Dockside Convenience Store at the end of Hancock Road in Bullhead City.

As our neighbors, they see firsthand the impact being made in our community. Their generous donation of a chest freezer will be used daily to keep our food operations moving.

We are so grateful for their support—thank you from all of us at the Bullhead Regional Food Bank.



# volunteer of the month

## Craig Pepper

*Food Bank “Hero”*

*Craig is first in the door in the morning and the last out the door at night. Craig is in charge of food intake, logging of weights, and he always tells the best corny jokes.*

*Seriously, we rely on Craig, and he takes his volunteerism very seriously. Thank you Craig Pepper. We couldn't survive without you.*



**4,790** HOUSEHOLDS SERVED

**10,038** INDIVIDUALS FED

**253,870** POUNDS OF FOOD

**1,720** VOLUNTEER HOURS



This month, we are honored to spotlight David Schott, Chief Executive Officer, Western Arizona Regional Medical Center

**How did you first get involved with the food bank?**

The Jars of Love Peanut Butter campaign is my first time being involved with the food bank here in Bullhead City but in other places my wife and I have been involved with meal delivery for seniors and distributing food to those in need. My first time volunteering with a food bank was way back in grade school during a service project organized through Scouting.

**Why do you feel supporting the food bank is important?**

Supporting the food bank is important because it supports a vulnerable population within our community. The result of food insecurity isn't just feeling hungry, it can lead to the inability to have a healthy, active life. The world currently produces more than enough food to feed everyone, it is simply a distribution problem and our food bank works every day to correct the problem locally.

**How is being involved with the food bank changed how you view food insecurity?**

Food insecurity is a huge issue but it can be easy overlooked. Working with the food bank is a reminder how great the need is for basic resources in our community. It is also a reminder of how much positive impact a person or organization can have in the life of others. A simple jar of peanut butter can provide days' worth of nutrition for a person in need. It is such a small gesture but it makes such a big impact.

**Why is supporting the community so important to you and your leadership?**

I believe that it is our duty as members of the community we live in to make sure it is better tomorrow than it was today. When we all work together, the little changes turn into big positive change and we all benefit.

We are deeply grateful to David and the Western Arizona Regional Medical Center for their continued support of the Bullhead Regional Food Bank and for being such a compassionate, community-focused partner.

**Western Arizona Regional Medical Center**

- 2735 Silver Creek Rd, Bullhead City, AZ 86442
- (928) 763-2273
- <https://www.warmc.com/>



David Schott  
Chief Executive Officer



*Business Booster* highlights a business supporting the Bullhead Regional Food Bank. This business cares about our community and we encourage our community members to actively support this business.

# Bullhead Regional Food Bank

SPONSORS



## Please Contact Us!



[www.bullheadfoodbank.org](http://www.bullheadfoodbank.org)



(928) 758-7717 | (928) 450-0630



[BULLHEADREGIONALFOODBANK@GMAIL.COM](mailto:BULLHEADREGIONALFOODBANK@GMAIL.COM)



590 Hancock Road  
Bullhead City, AZ 86442



Mon/Wed/Fri. 9:00 a.m. - 2:00 p.m.  
*Closed 12:00 - 12:30 p.m.*  
Thurs. 2:00 p.m. - 8:00 p.m.  
*Closed 5:30 - 6:00 p.m.*